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## IV PRE-SURGICAL INSTRUCTIONS

- 1. Discontinue aspirin and any medications containing aspirin for 2 weeks prior to your surgical appointment, unless instructed by your physician not to discontinue this medication.
- 2. Discontinue Advil or any other non-steroidal anti-inflammatory medication one-week prior to your surgical appointment. You may substitute Tylenol for these medications if you are medically able to take Tylenol.
- 3. Discontinue Vitamin E, Ginseng, and Fish oil one week prior to your surgical appointment.
- 4. Inform this office if you are taking any other anticoagulant medication, i.e., Plavix, Coumadin, etc.

  \*\* You will need to be off these medications prior to surgery if your physician allows it.
- 5. Take any prescribed antibiotic as directed for heart murmur or Mitral Valve Prolapse.
- 6. Take all routine medications except for those listed above as directed by your physician. Please inform this office of all routine medications you are currently taking.
- 7. Please inform this office of all allergies to medications.
- 8. Plan to rest at home the remainder of the day and the following day after your surgical appointment. Plan to have a caretaker the remainder of the day and the following day.
- 9. Morning Surgery: NOTHING TO EAT OR DRINK AFTER MIDNIGHT the night before surgery. DO take routine medications as directed but only with a small amount of water. If you were given special instructions during your consult please follow these instructions. These include:
- 10. Afternoon Surgery: You may eat a light breakfast before 7:00am. (Example: 2 pieces of toast and 1 cup of coffee). NOTHING TO EAT OR DRINK AFTER 7 AM. DO take routine medications as directed but only with a small amount of water. If you were given special instructions during your consult please follow these instructions. These include:
- 11. Following surgery you should have cold liquids for the next 3 days. Protein shakes, Instant Breakfast, Ensure, ice cream, and yogurt are good choices. Straws are **NOT** to be used.
- 12. **START** taking a multi-vitamin today and continue until you have healed from your surgical procedure if you are not taking on a regular basis already.
- 13. **Take all medications** as prescribed pre op and post op.
- 14. Please have someone available to drive you to the office and remain until the surgery is over to take you home. Due to the sedation, you **CANNOT** drive for at least 24 hours after your surgery.

IV sedation is performed in office by a nurse anesthetist. The fee for IV sedation is \$368 and up depending on the length of your surgery. This fee must be paid in full the day of your surgery. **We ask that you please arrive 15 minutes prior to your appointment**. If you have any questions please contact our office **prior** to your surgery day.