

## Pre-Surgical Instructions

1. **Discontinue aspirin** and any medications containing aspirin for 2 weeks prior to your surgical appointment, unless instructed by your physician **not** to discontinue this medication.
2. Discontinue Advil or any other non-steroidal anti-inflammatory medication one-week prior to your surgical appointment. You may substitute Tylenol for these medications.
3. **Discontinue Vitamin E** one week prior to your surgical appointment.
4. Inform this office if you are taking any other anticoagulant medication, i.e., **Plavix, Coumadin, etc.**  
\* You will need to be off these medications prior to surgery if your physician allows it.
5. Take any prescribed antibiotic as directed for heart murmur or Mitral Valve Prolapse.
6. **Take all routine medications as directed by your physician.** Please inform this office of all routine medications you are currently taking.
7. Please inform this office of all allergies to medications.
8. Plan to rest at home the remainder of the day and the following day after your surgical appointment.
9. **Eat a light meal** (toast, coffee, juice) prior to your surgical appointment, **unless you are having IV sedation.** If you are having an I.V. procedure, you must not eat or drink for 6 hours before the appointment. Avoid heavy or greasy foods.
10. You will be able to drive yourself home after surgery if you are not sedated.
11. START taking a multi-vitamin today and continue until you have healed from your surgical procedure if you are not taking on a regular basis already.
12. **Take all medications as prescribed pre op and post op.**

### \* **IMPORTANT NOTE:** for patients who will be receiving oral sedation!

A few days prior to your scheduled surgical procedure, you will receive a reminder phone call. You will want to have any prescriptions filled at this time and available for the day of your procedure. It is very important that you **do not** take any of these medications for any reason, unless you have been advised to do so by Dr. Finley or a staff member. You are to bring them with you to your appointment. After you have checked in a staff member will advise you when it is time to take your medication.



Your non-compliance with our pre-op guidelines will result in cancellation of your procedure.

### ★ **For patient's who will be driven to and from their appointment by family or friend:**

- Surgeries lasting **2 hours or less** – your ride must remain at office for duration of appointment.
- Surgeries scheduled **more than 2 hours** long – your ride must provide all contact numbers to front desk and must be able to return to office within 20 minutes once our office has contacted them.

If you were not given the prescriptions that you will need for surgery during your pre-surgical visit then you will need to pick up the signed prescriptions a week before your surgery from our office. Please call ahead to assure your prescriptions have been printed, signed and ready for you to pick up..

We will give you a courtesy reminder call the week before to let you know your prescriptions are ready for pick up at our office. If due to unusual circumstances your prescriptions needed to be called in to your pharmacy of choice, please **be aware** that for certain medications, the prescription must be placed on hold and cannot be filled unless the patient is present at the pharmacy and provides proof of identification. You will need to inquire about those prescriptions on hold, show your ID and then confirm that you are relieving **all** of the prescriptions that we have called in for you. This will avoid situations where you could possibly leave the pharmacy without obtaining all of your needed medications.

*Please be aware that approximately 80% of sedations precede normally, about 20% result in heavier/ lighter sedation than preferred. All situations will be handled as needed by Dr. Finley, rarely resulting in procedure cancellation.*